Subject: Chat with evilevilcouch@gmail.com
From: "evilevilcouch@gmail.com" <evilevilcouch@gmail.com>
To: barriticus@gmail.com

evilevilcouch@gmail.com: http://www.stackmagazines.com/admin/wp-content/uploads/2010/11/magazinedesignersguide.jpg
evilevilcouch@gmail.com: http://ideas.blogs.nytimes.com/2010/08/19/the-new-urban-era/
evilevilcouch@gmail.com: http://ideas.blogs.nytimes.com/2010/07/14/the-science-of-resilience/
evilevilcouch@gmail.com: yarg
me: yo
evilevilcouch@gmail.com: maybe i'm cranky cause i havent smoked
me: very likely
evilevilcouch@gmail.com: i'm not usually cranky
evilevilcouch@gmail.com: but i can become easily irritable at times
evilevilcouch@gmail.com: which is why i started smoking
me: yes
evilevilcouch@gmail.com: i used to stress way too much
me: I can imagine that
evilevilcouch@gmail.com: oh well
evilevilcouch@gmail.com: everyone can fuck off and die
evilevilcouch@gmail.com: gdslhsdgl;jkasg
me: oic
evilevilcouch@gmail.com: whatever
me: ?
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: my horoscope is inaccurate for today
me: sorry, sweetheart, I hoped to get you some more weed but just hasn't worked out yet
evilevilcouch@gmail.com: This is an excellent day to be with friends. You have a strong desire to be included in something larger than yourself, to participate in group consciousness and activities. Today you are able to work harmoniously with others, because you see that your own benefit is derived from that of the group. This is also a good time to reflect on your life and to examine your goals and ideals. Your idealism will probably be strong, but instead of blindly assuming that everything will work out ideally, you should make a general review of your plans for the future, working very carefully toward attaining your ideals. Also you put all the disparate parts of your life together into a complete picture, so that you can understand the whole.
evilevilcouch@gmail.com: BULLSHIT
me: partly, maybe
evilevilcouch@gmail.com: narf darf darfs :(
evilevilcouch@gmail.com: grahhhhh i need to quit my bitching

evilevilcouch@gmail.com: i still want to smash something
evilevilcouch@gmail.com: but, also, usually when i get like this i usually just hang out by myself
evilevilcouch@gmail.com: for future reference
me: sorry, was outside
me: that's reasonable
evilevilcouch@gmail.com: what's it like when you do suboxone?
evilevilcouch@gmail.com: what's the high like?
me: it's similar to any other opiate for someone who is already addicted
me: basically I feel somewhat better than I would if I were not an addict and on nothing
evilevilcouch@gmail.com: hm
evilevilcouch@gmail.com: interesting
evilevilcouch@gmail.com: i wonder why my head's in a whirlwind spin of sorts
me: I can imagine why
evilevilcouch@gmail.com: i felt claustrophobic, yet not
me: been a whirlwind romance
me: and you're understandably wary
evilevilcouch@gmail.com: and it takes me a long time to trust people usually
me: plus everything else
evilevilcouch@gmail.com: and i can read you for the most part
evilevilcouch@gmail.com: but i don't feel the words that you'd say earlier when we have sex
evilevilcouch@gmail.com: and it confuses me a lot
me: feel what words?
evilevilcouch@gmail.com: and then i feel a bit hurt/had/etc
evilevilcouch@gmail.com: oh
evilevilcouch@gmail.com: i dunno
evilevilcouch@gmail.com: the ones between the lines
me: I've had a lot on my mind too, sweetheart
me: especially last day or so
evilevilcouch@gmail.com: i know
me: and that makes it hard for me to stop and concentrate on you
evilevilcouch@gmail.com: you've been quieter
me: same as it is for you
evilevilcouch@gmail.com: but that isn't why i'm frustrated
me: why are you frustrated?
evilevilcouch@gmail.com: oh
evilevilcouch@gmail.com: the whirlwind
evilevilcouch@gmail.com: nothing specific
evilevilcouch@gmail.com: bit it catches you off guard
evilevilcouch@gmail.com: i'm just trying to wrap my head around it
evilevilcouch@gmail.com: i've felt a bit transient and pulled in a few directions
me: I'm trying to walk a line between liking you a lot and trying to keep you from feeling

committed to something
evilevilcouch@gmail.com: why?
me: I was just concerned that perhaps you regretted the degree to which we've committed to each other already
me: and when I hear "overwhelmed"
me: that makes me worry that I'm causing it, and perhaps not entirely in a good way
evilevilcouch@gmail.com: hm
evilevilcouch@gmail.com: i like you
evilevilcouch@gmail.com: but i just need to cuddle with my minoubear
evilevilcouch@gmail.com: right now
me: that's fine
evilevilcouch@gmail.com: (she's under my left elbow as i type :))
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: we're both introverts
evilevilcouch@gmail.com: but i haven't had my nikki-space and nikki-time
me: yeah
evilevilcouch@gmail.com: and i'm just one of those super planny people
evilevilcouch@gmail.com: i plan things out
evilevilcouch@gmail.com: and, like, if you'll move in
evilevilcouch@gmail.com: zomgz!
evilevilcouch@gmail.com: so many variables to consider/plan!!
evilevilcouch@gmail.com: lolololol
me: yeah
me: you can do all the planning, that's not my thing
evilevilcouch@gmail.com: minou is soo soft and fuzzy and warm
evilevilcouch@gmail.com: she's such a fuzzy kittybear
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: well, the planning would require me asking you questions of things
evilevilcouch@gmail.com: but i'm also shy to sorta bug you about that at times
evilevilcouch@gmail.com: i'm not quite sure when would be the best time to ask you that crap
evilevilcouch@gmail.com: because, again, you've had stuff on your mind
evilevilcouch@gmail.com: so i've been all "hm, well, don't want to bother barrett cause he has important stuffs to do. hm, okay, what do i do... ... my computer is/isn't here. there's no minous here. hrm"
evilevilcouch@gmail.com: etc
me: well, I've gotten that stuff off my mind now, all processed and taken care of
evilevilcouch@gmail.com: => nikki goes for minou cuddles
evilevilcouch@gmail.com: oh hooray!
evilevilcouch@gmail.com: that's good
evilevilcouch@gmail.com: :)

evilevilcouch@gmail.com: hm
evilevilcouch@gmail.com: when abouts do you think you'd possibly move in?
evilevilcouch@gmail.com: kevin posited his friend mike move in
me: going to go with Rolling Stone and al-Jazeera, Guardian can have my stuff if they ask for it nicely
evilevilcouch@gmail.com: :-p
me: I thought he'd already decided to move in
me: I guess MAtt's rent is paid this month?
evilevilcouch@gmail.com: oh, well
evilevilcouch@gmail.com: yep
evilevilcouch@gmail.com: so the move in would be for feb 1
evilevilcouch@gmail.com: but
evilevilcouch@gmail.com: also
evilevilcouch@gmail.com: like
evilevilcouch@gmail.com: mike has a gf that's living in a house he owns in louisiana
evilevilcouch@gmail.com: but she's going to move back todallas eventually
evilevilcouch@gmail.com: but no one knows when that'll be
evilevilcouch@gmail.com: and apparentl mike's the easy-going type to where kevin said he could prob pull mike aside and tell him that if, down the road, you and i want to live together here, mike would prob be fine with moving out
evilevilcouch@gmail.com: because he'd prob be moving in with his gf
evilevilcouch@gmail.com: so there is that option
me: that sounds pretty good
evilevilcouch@gmail.com: k
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: kevin was being my "bro" and being concerned about us happening so quickly
evilevilcouch@gmail.com: because usually things that start up so quickly end just as quickly
evilevilcouch@gmail.com: at least in my experience
evilevilcouch@gmail.com: but, usually, i'm not that particularly into the person
evilevilcouch@gmail.com: lol
me: I guess I wouldn't have to work with my dad anymore if I left this apartment
evilevilcouch@gmail.com: interesting
me: since that's what he's paying for in exchange for my work on these fucking multimillion dollar oil deals
evilevilcouch@gmail.com: well, kevin kept putting forth the fact that i require my space
evilevilcouch@gmail.com: kevin and i are similar in that manner
me: right
evilevilcouch@gmail.com: sometimes we just want to hermit
evilevilcouch@gmail.com: er
evilevilcouch@gmail.com: as individuals
evilevilcouch@gmail.com: i don't know how you are

evilevilcouch@gmail.com: but kevin was just pointing out how that'd be hard if you lived with your s/o
evilevilcouch@gmail.com: and since you and i don't know each other well enough yet
evilevilcouch@gmail.com: we don't know all each other's little quirks and things yet
me: well, what do you want to do on this?
evilevilcouch@gmail.com: i want to make it work
evilevilcouch@gmail.com: but i'm just all sorts of way too pragmatic sometimes
evilevilcouch@gmail.com: and think of every single possibility
evilevilcouch@gmail.com: and then that just ends up hurting my head
evilevilcouch@gmail.com: lol
me: OH NOES
evilevilcouch@gmail.com: if you want to move in here after your lease is up, i think that'd be a good idea
evilevilcouch@gmail.com: but i also don't know if mike would not want to move out then
evilevilcouch@gmail.com: who knows
evilevilcouch@gmail.com: also
evilevilcouch@gmail.com: if you wanted to move in here feb 1 and had someone sublease your place
evilevilcouch@gmail.com: well
evilevilcouch@gmail.com: you're still getting off of suboxone
evilevilcouch@gmail.com: and that'll be a pretty difficult transitionary period for you
evilevilcouch@gmail.com: so adding more variables into the mix wouldn't be a good idea
evilevilcouch@gmail.com: necessarily
evilevilcouch@gmail.com: but i dunno
me: I don't think it would be a bad thing
me: for me getting off suboxone
evilevilcouch@gmail.com: the getting off suboxone + moving bit
evilevilcouch@gmail.com: and us still getting to know each other
me: yeah
evilevilcouch@gmail.com: all those variables put together
evilevilcouch@gmail.com: those are pretty significant variables, though
evilevilcouch@gmail.com: i'm not sure if it would be a stable enough environment for the specific time around when you'd be quitting it
evilevilcouch@gmail.com: because, also, i'm a bit kitty like and have my routines in a manner and get sorta pissy if those are disrupted too much
evilevilcouch@gmail.com: and you would probably disrupt my routines
evilevilcouch@gmail.com: due to ignorance due to the fact that we are still getting to know each other
evilevilcouch@gmail.com: so you'd just have no idea wtf my little stupid quirks/routines are
evilevilcouch@gmail.com: and then i'd potentially get pissy about shit
evilevilcouch@gmail.com: which would not be necessary
evilevilcouch@gmail.com: i don't get pissy that often

evilevilcouch@gmail.com: and id on't think all that would be much of a problem really
evilevilcouch@gmail.com: but that was a bit of an issue with clay
evilevilcouch@gmail.com: which is the last serious-ish relationship i had
evilevilcouch@gmail.com: also, it would be ridiculous for me to get pissy about certain little things like that
evilevilcouch@gmail.com: and unneccessary
evilevilcouch@gmail.com: but i know i can get like that
evilevilcouch@gmail.com: if things happen much too quickly
evilevilcouch@gmail.com: i think it's sort of due to the whole "don't tell me what to do" sort of non-conformist bit of me
evilevilcouch@gmail.com: and it's not like anyone would necessarily be tellling me what to do
evilevilcouch@gmail.com: but it's more like "dammit, i do this thing. don't keep me from doing my thing that i do"
evilevilcouch@gmail.com: i dunno it's stupid
evilevilcouch@gmail.com: but, also, a lot of that is also sorta rooted in my OCD/anal thing
evilevilcouch@gmail.com: which is why i smoke weed now
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: so
evilevilcouch@gmail.com: yeah
evilevilcouch@gmail.com: also, um
evilevilcouch@gmail.com: it prob should be noted
evilevilcouch@gmail.com: that, uh, hm
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: i know i probably ended a lot of past "relationships" probably too soon because i can feel claustrophobic pretty easily at times
evilevilcouch@gmail.com: er, "dating" more than "relationship"
evilevilcouch@gmail.com: but yeah then i'd end up bitching the person out and leaving
evilevilcouch@gmail.com: i used to be a "deleter"
evilevilcouch@gmail.com: i'd delete every remnance and evidence of my existence in that person's life
evilevilcouch@gmail.com: and theirs from my own
evilevilcouch@gmail.com: i haven't done that in a couple years
evilevilcouch@gmail.com: but um, that's also sorta why i have a tendency to "break hearts"
evilevilcouch@gmail.com: because i would end it so abruptly and on my own terms
evilevilcouch@gmail.com: because i'm scared of loss
evilevilcouch@gmail.com: because my father died when i was 8 years old
evilevilcouch@gmail.com: and i've been to more funerals in my life than weddings
evilevilcouch@gmail.com: because death isn't on your own terms
evilevilcouch@gmail.com: and i don't need anymore pain in my life
evilevilcouch@gmail.com: so
evilevilcouch@gmail.com: i would just get angry and leave instead

evilevilcouch@gmail.com: lol
me: sweetheart
me: I understand
evilevilcouch@gmail.com: yeah i know
evilevilcouch@gmail.com: i mean, that's like...my dating life 2+ years ago
evilevilcouch@gmail.com: since i haven't really done that
evilevilcouch@gmail.com: but i felt like giving you backstory, i guess
evilevilcouch@gmail.com: of the evolution
evilevilcouch@gmail.com: glenn broke my heart because i did anti- all of that
evilevilcouch@gmail.com: and was patient
evilevilcouch@gmail.com: and put up with shit that i would have left immediately on
evilevilcouch@gmail.com: but
evilevilcouch@gmail.com: he really was just a douchebag anyway
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: i just had no idea what was acceptable to wait through and what was douchebaggery
evilevilcouch@gmail.com: but glenn was douchebaggery
me: who's that again?
evilevilcouch@gmail.com: clay came after that and wanted to treat me right and show me hope, etc, but he's sorta codependent and a pussy and i knew it wouldn't really work, but eh w/e
evilevilcouch@gmail.com: glenn scheduled a date with another girl on my birthday
evilevilcouch@gmail.com: i dated glenn for like five months a year and a half ago or so
evilevilcouch@gmail.com: 32 year old autistic software engineer
evilevilcouch@gmail.com: before glenn was damon t, whom was a 35 year old crazy delusional (thought not autistic) software engineer
evilevilcouch@gmail.com: though*
me: delusional how?
evilevilcouch@gmail.com: oh
evilevilcouch@gmail.com: damon and i had the "future fights"
evilevilcouch@gmail.com: he was funny and super nerdy
evilevilcouch@gmail.com: but he never really came back to reality enough
me: oh, I remember
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: i like your face
me: I like your face, too
evilevilcouch@gmail.com: :)
me: that's the one
evilevilcouch@gmail.com: teeheee
evilevilcouch@gmail.com: is the rolling stone thing going to be web or print?
me: print
evilevilcouch@gmail.com: ooh yay neat!

me: Hastings was one of my first recruits
evilevilcouch@gmail.com: tee hee
me: I got him before he became particularly famous for the McChrystal story
evilevilcouch@gmail.com: oh neato
evilevilcouch@gmail.com: my metal friend chris usually transcribes the rolling stone features and stuff
evilevilcouch@gmail.com: er
evilevilcouch@gmail.com: i guess whatever interviews for certain big magazines in ny
me: I used to have to do that
me: at fucking nerve.com
evilevilcouch@gmail.com: lol
me: I started doing it in a passive aggressive way since I hated them
evilevilcouch@gmail.com: hahaha
evilevilcouch@gmail.com: oh shit
evilevilcouch@gmail.com: Failed Rorschach
to be honest with you, i was really hurt when you dropped the boyfriend news on me
i couldn't sleep for hours. i just sort of lied there
evilevilcouch@gmail.com: that's rafael
me: I was confused for a second
me: I don't remember telling you about my secret boyfriend
me: Caleb
evilevilcouch@gmail.com: teeheeheehee
evilevilcouch@gmail.com: haahahhahahaha
evilevilcouch@gmail.com: man
evilevilcouch@gmail.com: :-p
me: so what'd you tell Rafael?
me: we've already broken a couple of hearts
evilevilcouch@gmail.com: oh you were there when i told rafael
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: i was consulting you during it
evilevilcouch@gmail.com: on what to say
me: yeah
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: i feel silly still being curious about what all you want with me and such, but you've already told me several times
evilevilcouch@gmail.com: so there's no use asking again
evilevilcouch@gmail.com: but i wonder what underlying query hasn't been satiated
me: hey, good!
evilevilcouch@gmail.com: like
evilevilcouch@gmail.com: i wonder if there's a better question or whatever
evilevilcouch@gmail.com: oh well
me: well, if you think it up, I'll answer

evilevilcouch@gmail.com: you're a prettybear
evilevilcouch@gmail.com: i should do laundry tomorrow
me: teeeeheeeeeee
evilevilcouch@gmail.com: hey did i tell you that before i'd usually wake up between 7-9am?
evilevilcouch@gmail.com: that's one thing that could get me cranky at times
evilevilcouch@gmail.com: btw
evilevilcouch@gmail.com: the how routine/schedule thing i have
evilevilcouch@gmail.com: is mainly to keep my head/emotions in check
evilevilcouch@gmail.com: and when i get stressed/OCD about shit
me: that's not unreasonable
evilevilcouch@gmail.com: it's because i'm afraid of losing control of my emotions and such
evilevilcouch@gmail.com: but when i get super stressed/OCD
evilevilcouch@gmail.com: that's when i get all crazy anal about my diet and exercise and sleep patterns and etc etc
evilevilcouch@gmail.com: and i end up micromanaging my life and stop "living" it
evilevilcouch@gmail.com: but at that point i've basically already lost it
evilevilcouch@gmail.com: hahahaha
evilevilcouch@gmail.com: so, yeah
evilevilcouch@gmail.com: but ummm
evilevilcouch@gmail.com: i usually sleep in three hour increments
evilevilcouch@gmail.com: i wake up best during my REM cycle
evilevilcouch@gmail.com: i only know this because i used to always sleep through my alarms
evilevilcouch@gmail.com: again, i failed out of college because of being consistently tardy
evilevilcouch@gmail.com: so i had to figure out my sleep patterns
evilevilcouch@gmail.com: i became anal about my diet
evilevilcouch@gmail.com: because i didn't want to be on pills anymore
evilevilcouch@gmail.com: and to lose weight
evilevilcouch@gmail.com: i ate a lot of "brain food" i guess
evilevilcouch@gmail.com: stuff with high omega-3 fatty acid content
evilevilcouch@gmail.com: i learned a lot about holistic health/natural/alternative medicine crap when i was 17-18
evilevilcouch@gmail.com: because i wanted off of the pills
evilevilcouch@gmail.com: (this is me explaining the method to my madness)
evilevilcouch@gmail.com: i'd always cook food fresh, etc
evilevilcouch@gmail.com: and only fresh produce that wasn't more than 3 days old
evilevilcouch@gmail.com: but that's also why i started buying a lot of frozen vegetables
evilevilcouch@gmail.com: because i'd waste a lot of food
evilevilcouch@gmail.com: and that'd piss me off
evilevilcouch@gmail.com: also, at one point, i used to have fucking AMAZING cholesterol
evilevilcouch@gmail.com: but then i've been eating pretty fatty since i decided to gain weight cause i was cold

evilevilcouch@gmail.com: lol
me: AMAZING CHOLESTEROL!
me: fag
evilevilcouch@gmail.com: AMAZING
evilevilcouch@gmail.com: bscly
evilevilcouch@gmail.com: :-p
me: girl fag
evilevilcouch@gmail.com: girl fag that you fuck
me: you are for sale come here
evilevilcouch@gmail.com: no u
evilevilcouch@gmail.com: oh
evilevilcouch@gmail.com: also
evilevilcouch@gmail.com: usually
evilevilcouch@gmail.com: when i get super fucking pissy about something
evilevilcouch@gmail.com: er
evilevilcouch@gmail.com: certain things
evilevilcouch@gmail.com: it's because i've worked really, really hard to get into whatever habit/routine and overcome whatever the fuck it was
evilevilcouch@gmail.com: and so sometimes i flip out (read: "bitch") about shit
evilevilcouch@gmail.com: this is why i may bitch about being thrown off of my routine
evilevilcouch@gmail.com: because it took a LOT of work to become fucking "competent" in whatever manner that it is that i've been at
evilevilcouch@gmail.com: it comes more naturally for some people
evilevilcouch@gmail.com: but, damn
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: for example
evilevilcouch@gmail.com: i forget things a lot
evilevilcouch@gmail.com: and
evilevilcouch@gmail.com: i have no clue wher ei put that pizza
evilevilcouch@gmail.com: i may have left the pizza box on top of my car
evilevilcouch@gmail.com: because i am a fucking genius
me: lol
evilevilcouch@gmail.com: i have my weird routines because i usually am really fucking absent minded
evilevilcouch@gmail.com: like
evilevilcouch@gmail.com: i have to put my keys a certain place or my phone
evilevilcouch@gmail.com: or i have omfg no idea where the shit it went
evilevilcouch@gmail.com: and i always have to put my credit cards back in the little case thing
evilevilcouch@gmail.com: or else i lose the
evilevilcouch@gmail.com: m
evilevilcouch@gmail.com: like

evilevilcouch@gmail.com: i have no clue where my debit card is
evilevilcouch@gmail.com: i am telling you this now
evilevilcouch@gmail.com: because
evilevilcouch@gmail.com: i am starting to get thrown off of my routine
evilevilcouch@gmail.com: and if it continues
evilevilcouch@gmail.com: i'll probably flip the fuck out at you
me: I see
evilevilcouch@gmail.com: and when i get like that
evilevilcouch@gmail.com: i'll prob be pissed off
evilevilcouch@gmail.com: and be all "I'M TAKING ALL MY SHIT"
evilevilcouch@gmail.com: and dumping whatever stuff of yours with you
evilevilcouch@gmail.com: etc
evilevilcouch@gmail.com: i am telling you this so that will not happen
me: how do I stop this again?
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: well
evilevilcouch@gmail.com: i have to get back on my routine myself
evilevilcouch@gmail.com: but
evilevilcouch@gmail.com: i have to explain to you what my various little things are
evilevilcouch@gmail.com: so that you are knowledgeable of them
evilevilcouch@gmail.com: so you won't interfere with those little things
evilevilcouch@gmail.com: i would get pissed at clay if i didn't have my adderall on me when i spent the night at his place
evilevilcouch@gmail.com: because i get really groggy/cranky in the morning
evilevilcouch@gmail.com: weed helps with me not getting pissy about my little things not being perfect and whatever
evilevilcouch@gmail.com: i'm pretty laid back in general
evilevilcouch@gmail.com: but certain things i'm fucking anal retentive about
evilevilcouch@gmail.com: i should go check my car to see if i left the pizza on top of it
me: not a bad idea
evilevilcouch@gmail.com: i did
evilevilcouch@gmail.com: now it is in my fridge
evilevilcouch@gmail.com: so yeah
evilevilcouch@gmail.com: like
evilevilcouch@gmail.com: i'm not anal for no reason
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: there is a method to my madness
evilevilcouch@gmail.com: but yeah i just get super pissy because i'm naturally all over the place
evilevilcouch@gmail.com: and i can become easily overwhelmed because i'm adhd as a motherfucker and there's only so much that can go on in my working memory at once
evilevilcouch@gmail.com: i'm naturally really bad at managing varying unrelated tasks at

the same time
evilevilcouch@gmail.com: so i've had to set up all these stupid little specific routines so i can focus better on work and whatever shit
evilevilcouch@gmail.com: because
evilevilcouch@gmail.com: i failed out of school
evilevilcouch@gmail.com: because i was way too adhd
evilevilcouch@gmail.com: and wasn't getting any treatment for that until my second year of college
evilevilcouch@gmail.com: after they'd already super overmedicated me
evilevilcouch@gmail.com: but like
evilevilcouch@gmail.com: hrm
evilevilcouch@gmail.com: i can multitask pretty well
evilevilcouch@gmail.com: sort of
evilevilcouch@gmail.com: my mind works very quickly
evilevilcouch@gmail.com: but
evilevilcouch@gmail.com: that's when the tasks and such are all in a similar vein
evilevilcouch@gmail.com: er
evilevilcouch@gmail.com: say the thoughts are balls being juggled
evilevilcouch@gmail.com: most people can juggle about 6-7 varying thoughts/etc at once
evilevilcouch@gmail.com: with adhd and such, if you throw the 8th one in, they all fall down
evilevilcouch@gmail.com: => nikki being overwhelmed and freaking out
me: I understand
evilevilcouch@gmail.com: so when i get "overwhelmed"
evilevilcouch@gmail.com: like i may have said earlier
evilevilcouch@gmail.com: i mean it in that sense
evilevilcouch@gmail.com: like
evilevilcouch@gmail.com: i can't wrap my mind around anything at the moment
evilevilcouch@gmail.com: because all the shit going on was thrown into a bit pot of soup
evilevilcouch@gmail.com: and i dunno wtf is in it
evilevilcouch@gmail.com: it makes no sense to me
evilevilcouch@gmail.com: or like throwing a 5 course meal into a blender
evilevilcouch@gmail.com: but yeah i dunno
evilevilcouch@gmail.com: i do the routines and stuff and the diet and exercise thing to try and not be on medicine
evilevilcouch@gmail.com: but i still take adderall because when i don't i may run my car into non-moving objects
evilevilcouch@gmail.com: because i'm just not paying attention
evilevilcouch@gmail.com: so that's more of a benefit for society there
evilevilcouch@gmail.com: lol
me: you're a hero!
me: nighty night
evilevilcouch@gmail.com: lol

evilevilcouch@gmail.com: shut up
evilevilcouch@gmail.com: oh yeah
evilevilcouch@gmail.com: but i only get anal about that when i'm working and stuff
evilevilcouch@gmail.com: but i'm on a break now
evilevilcouch@gmail.com: and won't be super busy in the near future
me: good
evilevilcouch@gmail.com: but i'm falling behind on schedule on the college app things
evilevilcouch@gmail.com: but that's sort of okay
evilevilcouch@gmail.com: because i set my personal deadline to be done with it all by feb 1
evilevilcouch@gmail.com: but it isn't really due until march
evilevilcouch@gmail.com: but i have to tell myself to work on it during january anyway
evilevilcouch@gmail.com: but yeah i try to get myself back into the schedule of going to sleep around 10pm-midnight so i can wake up maybe around 6am so i could potentially exercise/do yoga in the morning for an hour or whatever, shower, get dressed, do chores, etc
evilevilcouch@gmail.com: self-management is hard
evilevilcouch@gmail.com: lol
evilevilcouch@gmail.com: i get distracted easily
evilevilcouch@gmail.com: so that's also why i tell people to go fuck off at times
evilevilcouch@gmail.com: so i can try and refocus
evilevilcouch@gmail.com: anyway
evilevilcouch@gmail.com: night night
evilevilcouch@gmail.com: <3
me: sweet dreams, sweetheart
me: call me tomorrow
evilevilcouch@gmail.com: okie dokie :)
evilevilcouch@gmail.com: sweet dreams to you, poobear
me: !!!
evilevilcouch@gmail.com: !!!
evilevilcouch@gmail.com: rar